



## **Obstacle Course Rules**

### **Format:**

- 4 players (2 male + 2 female)
- Each team member will compete their chosen station of obstacles.
- Total team time will be placed against the Division. Top 6 move on to Championship Round.
- Championship Round:
  - Scores reset at 0.
  - Each team will run the course again.
  - Total team time will be placed against the other 5 teams.
- Tie-Breaker: If the times between 2 or more teams are identical, each team will run the final leg of the obstacle course for time to break the tie. Any member of your Obstacle Course team may represent your team in the tie-breaker.

### **Equipment:**

- Various Obstacles, all provided.

### **Sport Specific Rules:**

- A team will consist of 2 males and 2 females. Each team will run once through the obstacle course.
- Teams will designate one participant per station of obstacles.
- When a participant finishes their station of obstacles, he or she will touch hands with the next person on the relay team to continue the course.
- Failure to complete an obstacle correctly will result in a "time-added" penalty. Specific penalties for each obstacle are listed on the Obstacle Course Map.
- The Top 6 teams will compete a second time in the Championship Round to determine the Top 6 finishers in the event.
- Competitors may switch obstacles for the finals if they choose.

**Akron Corporate Challenge staff members and officials reserve the right to settle any disputes, as well as, interpret, modify, and enforce all rules and regulations.**