




Start



Skill

- Jump Rope x10
- Soccer Ball Dribble
- Target Practice









Sprint/Handoff



Strength

- Platform Loading
- Tire Drag
- Sandbag Carry
- Tire Flip



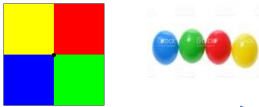





Sprint/Handoff



Agility

- Up & Under
- Bouncy Horse
- Transportation Station







Finish

Speed

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- Army Crawl
- Pallet Hurdle

Sprint/Handoff

